IN EXCESS OF 3.4 MILLION CHILDREN*

This is the number affected by parental mental illness

An estimated 3.4 million children (Children’s Commissioner for England report, 2018) and young people in the UK live with a parent with a mental health issue. This figure is set to rise to 4.5 million by 2021*.

8 CHILDREN IN AN AVERAGE CLASSROOM

This is the average number in school affected by parental mental illness

This equates to 25% of a school population who have a parent with mental health problems.

70% OF CHILDREN SIGNIFICANTLY IMPACTED

This is the consequence of non-intervention

Research indicates that children living with a parent with a mental illness will themselves experience some degree of mental ill health unless they get support early.

£17 BILLION PER YEAR

The cost of non-intervention

The total cost of late intervention is estimated at £17 billion per year*.

AS LITTLE AS £2,000 PER FAMILY PER YEAR

This is the annual cost of our monthly KidsTime Workshop

Our workshops address the needs of the family as a whole and are low cost and preventative. In comparison, a single CAHMS assessment costs approximately £700.

*For figures sources visit: https://ourtime.org.uk/media-centre/facts-and-figures/